



FEAR FREE HAPPY VISITS

A proactive approach to preparing pets for visits to the vet

SUITABLE FOR:

- Patients with low FAS scores (0-2) i.e. MILD

GOALS:

- Practical skills for clients to improve the emotional state of their pet in the vet clinic
- Improve ease of handling by Vet staff making visits less stressful and more efficient for everyone
- Working together as a team, clients and vet staff, to look after the physical and emotional wellbeing of patients

Body Language and signs of FAS in Dogs

Relaxed	Anatomy	Stressed
Soft; loose	Face	Skin taut; wrinkled brow; lips pulled back; tense jaw
Almond shape; normal pupils; soft eye	Eyes	Dilated pupils; prolonged staring or avoiding eye contact; whale eye
Neutral; back, but not flattened; loose	Ears	Out to the side; flat against head
Flexible neck to tail	Spine/posture	Rigid and/or stiff
Level with topline; slightly above or below; wagging	Tail*	High above topline; tucked; wagging
Mouth open or closed; lips—long, soft, commissures relaxed	Mouth	Mouth closed; lips—short, tense; snarl; lip lift; bite

HAPPY VISIT STEPS:

- Email us to gain quick access to our comprehensive Fear Free resource kit
- Book in suitable times to bring your pet in to the clinic
- Each visit is short and sweet - focusing on positive experiences within the clinic and with our veterinary team
- Bring high value treats and reward your dog as they:
 - ◇ Step out of the car
 - ◇ Approach the clinic
 - ◇ Walk through the door
 - ◇ Approach the reception area
 - ◇ Step up on to the scales
 - ◇ Meet and greet our veterinary team
 - ◇ Walk through our reception area
 - ◇ Another meet and greet with our team
 - ◇ Exit the clinic
 - ◇ Hop back in to your car

THERE IS NO FEE FOR HAPPY VISITS

We want to work with you - to give your pet positive associations within the clinic and with our veterinary team



fearfreenursemvc@outlook.com